The Mission of the Graduate Programs in Rehabilitation (GPR) at the University of Iowa is to prepare qualified rehabilitation counseling professionals who will assist persons with disabilities and other individuals who have barriers in meeting their functional needs in the areas of employment independent living, and personal or economic development. The Graduate Programs in Rehabilitation prepare these professionals to provide quality rehabilitation counseling services within an interdisciplinary and community-based context, serve as change agents and advocates for their clients, and sources of specialized knowledge and consultants for professionals, employers and others in the communities that they serve.

From the Editor

Happy New Year, Faculty, Staff, and Students!

I hope you all had a safe and relaxing winter break and that you’re ready for the start of Spring Semester 2006! This issue of The Rehab Review will outline the highlights of the Fall 2005 Semester, and will provide you with a calendar of Spring events.

Sara Johnston, Editor (sara-johnston@uiowa.edu)

In this Issue

CRC Examination Information
CORE President’s Report
Highlights from Fall 2005
2005 Faculty and Student Awards, Publications, and Presentations
Book and Movie Reviews from NAMI (National Alliance on Mental Illness)
Students: Are you planning to sit for the CRC examination in 2005/2006? The following link will provide you with information on application dates, application forms, and study materials.

http://www.crccertification.com/

Commission on Rehabilitation Counselor Certification
1835 Rohlwing Road, Suite E
Rolling Meadows, Illinois 60008 U.S.A.
847-394-2104

The APPLICATION DEADLINE is NOVEMBER 15 for the spring cycle and MAY 15 for the fall cycle.

CORE President’s Report

Dennis R. Maki, Ph.D, CRC
The potential for a merger between CORE and CACREP is currently the topic of a national discussion. CORE
originally began consideration of such a merger subsequent to adopting its Strategic Position for 2005-2010. At that time, CORE unanimously affirmed that rehabilitation counseling is a specialty area of practice within the counseling profession. Seventy percent of the respondents to the May 2005 CORE survey also responded that they believed rehabilitation counseling is a specialty area within the counseling profession and not a distinct and separate profession. The professional identity of a rehabilitation counselor as a counselor was also endorsed by CACREP and the Rehabilitation Counseling Consortium (CORE, CRCC, ARCA, NRCA, NCRE, CARP, IARP, and ADARA). (To read the entire report, go to www.core.org)

WORKSHOP IN ANKENY:
September 30, 2005
Diverse Solutions to Challenging Problems:
A Workshop for Counselors and Health Care Professionals

About the Speakers:

Dr. Ted Remley, holds an M.Ed., Ed.S, and Ph.D. in counseling, and a J.D. in law. He conducts workshops on legal and ethical issues in counseling and has been an expert witness in counselor malpractice law suits. He is a member of the Louisiana LPC Board and previously served on the LPC boards in Virginia, Mississippi, and the District of Columbia.

Carol Achterhof is a former high school teacher who currently writes a humor column for over 40 newspapers, and published five books. Ms. Achterhoff lives with her husband and children in Iowa. She is the parent of children with disabilities, and she will address how humor can be used to cope with stress and adjusting to diversity.

Editor’s note: Due to Hurricane Katrina, Dr. Ted Remley, who lives in New Orleans, was not able to attend. Dr. Vilia Tarvydas took his place as speaker.

BIG THREE CONSORTIUM:

Faculty and students from the University of Iowa traveled to Kellogg, Michigan, from September 14 through 17, to join faculty and students from Pennsylvania State University and Michigan State University for the 10th Annual Big Three Consortium.

University of Iowa faculty in attendance were John Wadsworth, Dennis Maki, and Vilia Tarvydas.

University of Iowa postdoctoral fellow, Noel Estrada Hernandez also attended, as did doctoral students Sara Johnston, Michael Hartley, and Christine Urish.

Participants enjoyed good food, good conversation, and the beautiful location, on the grounds of the Michigan State University Kellogg Biological Station.
Dr. Tarvydas and Dr. Mike Leahy (Michigan State), along with doctoral students Sara Johnston, Mike Hartley (University of Iowa), Wendy Coduti and Andrea Perkins (Michigan State) presented Revisiting the 1997 Tampa Summit: Current and Future Implications for Rehabilitation Counselors.

OBERMANN SYMPOSIUM:

The Obermann Symposium on Disability Ethics was held on Monday, September 19 and Tuesday, September 20, 2005 on the campus of The University of Iowa (UI) in Iowa City, IA with videoconferencing links to remote Symposium sites at the University of Illinois-Chicago in Chicago, IL and San Francisco State University in San Francisco, CA, and The University of Hawaii at Hilo, Hawaii, where other Symposium scholars participated.

This Symposium, entitled Disability Ethics: Developing the Moral Distinctiveness of a Disability Perspective in Bioethics, is a unique interdisciplinary meeting of diverse, vibrant scholars from across the country who are key contributors on this important area of scholarship.

The Symposium was made possible through grants from the Obermann Center for Advanced Studies and the UI College of Education and was hosted by the Institute on Ethics in Disability Policy and Rehabilitation Practice of the UI Colleges of Education and Law.

The Symposium was co-facilitated by Dr. Kristi Kirschner, Feinberg School of Medicine, Northwestern University, Rehabilitation Institute of Chicago, Director, Center for the Study of Disability Ethics; Dr. Carol Gill, University of Illinois-Chicago, Department of Disability and Human Development, Chicago Institute of Disability Research; and Dr. Vilia Tarvydas, The University of Iowa, Graduate Programs in Rehabilitation, Institute on Ethics in Disability Policy and Rehabilitation Practice.

Presentations were given by Kristi Kirschner, M.D., Feinberg School of Medicine, Northwestern University; Carol Gill, Ph.D., University of Illinois-Chicago; Adrienne Asch, Ph.D., Yeshiva University; Diane Coleman, J.D., Not Dean Yet; Steven Drake, Ph.D., Not Dead Yet; Ron Amundson, Ph.D., The University of Hawaii at Hilo; James Charlton, M.A., University of Illinois-Chicago; and Sunil Kothari, M.D., Baylor College of Medicine.
For more information, see the website:  
http://www.uiowa.edu/obermann/symposia/disabilityethics05/index.html

ADVISORY BOARD MEETING:

The University of Iowa, Graduate Programs in Rehabilitation Advisory Board met on Friday, October, 28, 2005. Following are highlights from Board meeting (minutes compiled by Lowell Brandt).

MEMBERS PRESENT: Eda Holt, Lowell Brandt, Julie Fidler-Dixion, Orville Townsend, Gillian Fox, Steve Wooderson, and Jack Hackett.


PROGRAM FACULTY PRESENT: Vilia Tarvydas, Dennis Maki, John Wadsworth, and Noel Estrada-Hernandez.

OTHER STUDENTS PRESENT: Fredrick Staten, Alice Tsui, Teresa Meinert, Scott Jones, and Jill Buchheit.

UI-ARCA REPORT:  
Chapter President Mike Hartley and Vice-President Fredrick Staten gave the report. They are working with a new group of students this fall. Recent graduate, Gillian Fox, is now serving as the Alumni Representative to the Chapter. The group wants to focus on professional development, networking, conferences, and putting together presentations. They are holding monthly “student-only” parties as an informal way of having 2nd year students mentor 1st year students. The group hopes to do poster presentations this winter. The group will also do t-shirt sales again this year. The Board complimented the UI-ARCA Chapter for its good work.

PROGRAM UPDATE:  
Dr. Tarvydas announced that James Schmeling had become an Adjunct Assistant Professor with the Program. It was also announced that Dr. Noel Estrada-Hernandez is a 2-year Post-Doctoral Fellow with the Program.”

OLD BUSINESS:  
On With Life/RCE Program Workshop: Julie Fidler-Dixion reported on a successful workshop that was presented in Ankeny in September. One of the key presenters, Dr. Ted Remley, was unable to attend. On short notice, Dr. Tarvydas was able to step in. A humorist also presented. The response from the workshop attendees was excellent. The joint sponsorship worked well. Even with a number of last minute changes and subsequent cancellations, there was still a net return to RCEP of $500. The Board supports the continuation of this partnership with On With Life. There are tentative plans to do another workshop on September 22, 2006 with two topics, both relevant to brain injury issues.

Board Officer Elections: Julie Fidler-Dixion was chosen as Chair-Elect and Lowell Brandt will continue as Secretary.

Obermann Symposium on Disability Ethics: Dr. Tarvydas discussed the success of this symposium. The purpose was to pool scholars to discuss concepts around ethical issues in the context of various practitioner disciplines and professional backgrounds. Distance learning technology was used so there could be participants from various sites. The outcomes from this Symposium include plans for publication of a book, excellent scholarly dialogue, and positive recognition for the University of Iowa. Orville Townsend commented that the Symposium was a tribute to the vision of Dr. Obermann who wrote the
first Code of Ethics for Rehabilitation and who wanted to see the advancement not only of services for people with disabilities but also of the profession.

**Strategic Planning Task Force:** Gillian Fox and Dr. Tarvydas reported that the Task Force met once during the summer and had asked the faculty to update the Mission, Vision, Values, and Goals. A copy of that work was handed out. The Dean of the College of Education has indicated that the time frame for completing the updated strategic plans can be extended to later into the second semester. There is an effort to have each Program within the College of Education to develop a Strategic Plan that will fit within a College Plan and that will then fit within an overall University Plan. The Task Force will be getting back together to develop a more specific time line for review and revision of the Strategic Plan. An alumnus, Randy Gray, has offered to facilitate an overall review and rewrite of the Strategic Plan. The Board discussed the current Mission/Vision/Values/Goals document and made several good suggestions. The faculty will review it again and will ask the Board to electronically respond to the faculty proposals. It was proposed that Randy Gray be invited to do up to a 3-day facilitation process in March. He will be asked to initially meet with faculty and then bring in the Task Force for the final part of the process. The full Advisory Board may be invited to the final day.

**Doctoral RSA Grant Application:** Dr. Tarvydas thanked everyone who helped put together the application last spring. Unfortunately, the grant was not awarded to the U of I Program. However, since the peer reviewers rated it very highly, the Program was urged by RSA staff to re-submit an application in this fall’s accelerated application process. Tarvydas was able to revise and re-submit it on short notice with the assistance of Steve Wooderson’s letter of support. The Program awaits the RSA decision on this application.

**WELCOME BY THE DEAN:**
Dean Sandra Damico thanked the Board for its efforts in supporting the Program. Dean Damico talked about the success in establishing the Assistive Technology Center within the College. She offered further explanation of the Strategic Plan development process. She indicated that the Board of Regents would soon be approving the University’s Plan and each of the Colleges will then be expected to have their Plans updated. There was a discussion about the need to improve the availability of handicapped accessible restrooms within the College and to re-work the sidewalk from Capitol Street to the second floor entrance to the Lindquist Center building so that it is more accessible. Dean Damico invited the Board to write a letter in support of those changes.

**TOUR OF ICATER:**
The Board visited the Iowa Center for Assistive Technology Education and Research located in the Lindquist Center. Student Fredrick Staten demonstrated some of the current technology in use at the Center.

**NEW BUSINESS:**
**Board Member Candidate:** Gillian Fox was approved as a new member of the Advisory Board. Fox is a recent graduate of the Masters Program and is the Director of LifeSKILLS, Inc.

**By-Laws Review:** The 2001 version of the Board Rules were handed out. Board members are asked to review and offer updates. Holt will take the lead in suggesting updates to be considered at the Board’s spring meeting.

A **new information brochure** for the Program was distributed. **Editor’s note:** This brochure is available in PDF format at:
http://www.education.uiowa.edu/rehab/program/documents/PDFofsmallbrochure.pdf

**2005 Alumna of the Year:** Rebecca Rudman will be here on November 18 to receive this award and
she will be the Fall Colloquium presenter. She is the immediate Past Chair of the CRCC.

**CORE Accreditation Preparation:** The Program will be going through the accreditation process next year. There will be surveys sent to Board members and others. We will be asked to assist with this process with planning to accelerate in the spring.

**DEPARTMENT UPDATE:**
**Dr. Maki** provided updates on a variety of personnel changes and also discussed the strategic planning process.

**ASSHP:** The Annual Summer School for Helping Professionals had another successful year. Next year they will be adding some one-day courses (this year participants chose between two and four day courses). It also appears that registration fees will need to be increased while also looking at lowering costs and looking for alternative revenue resources.

**PROGRAM UPDATE:**

**Faculty Update:** Dr. Tarvydas reported that **John Wadsworth** and **Jodi Saunders** are finishing work toward promotions and tenure.

**Enrollment Report:** Information about enrollment was handed out to Board members. There were 3 doctoral students who graduated in 2005 with another student expected to graduate yet this fall or in the spring. There are 16 doctoral students currently in the program. There are 28 current Masters students with 11 anticipated graduations in the spring.

**New Student Review & Retention Policy:** Tarvydas noted that this policy was handed out for our consideration last year and the policy is now in place.

**Master’s Grant Report:** Dr. Wadsworth handed out and discussed the Mid-Year Performance Report.

**Big 3 Update:** The 10th anniversary of the Big 3 is this year. The accomplishments were reviewed with the Board.

**COMMUNITY UPDATES**
Each of the Board members described current relevant activities. **Brandt** discussed prisoner re-entry efforts, the relocation of the Department of Corrections offices to the same building as Iowa Vocational Rehabilitation Services, and the construction of a new medical facility at Oakdale. **Fox** reported that LifeSKILLS, Inc. has started an evening “clubhouse” for activities. Fox also reported that Johnson County is re-working their disability services plan. Fox and others noted that Medicaid prescription plan changes will present challenges to local consumers in keeping economically viable. **Townsend** noted that Iowa Vocational Rehabilitation Services is placing more emphasis on employer development. Townsend also spoke of the introduction of a new information management database for IVRS. Hackett reported that Program graduate **Melinda Starr Wilson** now works for the Veteran’s Administration in Illinois. Hackett suggested that Ms. Wilson may be a candidate for our Advisory Board. Dixon noted that a former Board member, **Marv Tooman**, is now the Executive Director of the Iowa Association of Community Providers.

**STUDENT PERSPECTIVES:**
The discussion with the students occurred during the lunch time. Most of the comments received were positive regarding the Program. Students did note that it is a challenge to find paid internships. They did emphasize the importance of paying close attention to beginning Masters and graduate students to ensure they are being oriented well and getting off to a good start. It was noted that there had been an evaluation
done early in the semester by someone outside of the Program and that evaluator contact had been helpful.

NEXT MEETING:
April 21, 2006

**COLOQUIUM AND ALUM OF THE YEAR AWARD:**

*November 18, 2005*

*Rebecca Rudman, MA, CRC,* Health Management Consultant, Sunlife Assurance Company of Canada; Board Member for the Foundation for Rehabilitation Education and Research; Past Chair of the Commission on Rehabilitation Counselor Certification

**Topic:** *Rehabilitation Counseling: Counselor Heal Thyself*

About the Speaker:

Rebecca Rudman, MA, CRC, is a health management consultant with Sunlife Assurance Company of Canada. Ms. Rudman has a master's degree in Rehabilitation Counseling from the University of Iowa. She began her career in rehabilitation in the U.S. before moving to Canada. Previously she was the National Director of Rehabilitation for the Canadian Paraplegic Association. Ms. Rudman is a former Chair of the Commission on Rehabilitation Counselor Certification, and is presently a board member for the Foundation for Rehabilitation Education and Research.

About the Presentation:

This seminar explores the opportunities for ourselves and our profession in the context of current challenges to the specialization of rehabilitation within the counseling profession. Foundational terms, concepts, and techniques which have succeeded in promoting the autonomy and independence of consumers and clients will be explored as a means to revitalize rehabilitation counseling and rehabilitation counselors. Diverse settings of practice and partnerships with other professionals will also be explored in the context of professional growth and opportunity.

**LECTURES-PRESENTATIONS**

**Dr. Noel Estrada-Hernandez gives teaching and research lectures**

*Noel Estrada Hernandez, PhD, CRC,* Postdoctoral Research Fellow, Graduate Programs in Rehabilitation, The University of Iowa, College of Education, presented a teaching colloquium on *Assistive Technology for Persons with Disabilities: An Introduction for Professionals in the Field of Education,* on Wednesday, December 8, 2005.

Dr. Estrada Hernandez presented a research colloquium on *Effects of Client and Service Characteristics on the Employment Outcomes of Persons with Visual Impairments,* on Wednesday, December 14, 2005.


**Book Chapters**


**Peer Refereed Journals**


Administration 29(4), 11-15.


**Refereed Presentations (National)**


**Student publications, presentations and awards**

Get this from doc plan of study documents!

**NAMI (National Alliance for Mental Illness)**

names best books, movies of 2005

“From a novel to a historical biography, to an Emmy-winning television comedy, 2005 provided an array of positive portrayals of the issues related to mental illness. Here's hoping that 2006 provides even more.”

www.nami.org

*BOOKS*
FICTION

72 Hour Hold,
Bebe Moore Campbell
The novel's main character, Keri Whitmore hangs onto the hope that her daughter, Trina, who was about to enter Brown University, will overcome her bipolar disorder. But part of Keri's struggle is realizing that mental illness can only be managed, never eradicated.

NONFICTION

Lincoln's Melancholy: How Depression Challenged a President and Fueled His Greatness.
Joshua Wolf Shenk
Drawing on seven years of his own research and the work of other Lincoln scholars, Shenk reveals how the sixteenth president harnessed his depression and used the coping strategies he had developed over a lifetime of persevering through depressive episodes and personal tragedies to successfully lead the country through the Civil War.

Divided Minds: Twin Sisters and Their Journey Through Schizophrenia.
Pamela Spiro Wagner and Carolyn Spiro, M.D.
This memoir, written in alternating voices by identical twins, now in their 50s, describes the experience of living with schizophrenia, and its effect on both the individual with mental illness and his/her family members.

Against Depression.
Peter Kramer
In the new book from the author of Listening to Prozac, Kramer puts forth a comprehensive new theory of depression that defines depression as a multi-symptom illness -- linking it to disruptions in brain anatomy and exposure to the risk of heart disease and stroke. Kramer sets up a new framework for depression, one that has wide-reaching implications. These begin with the obvious public health conclusions, that depression must be confronted as a debilitating, even life-threatening illness.

MOVIES

The Aviator
Scorsese's portrait of maverick tycoon/filmmaker/aviator Howard Hughes is accurate in a "big picture" sense, even to its unstated but strongly implied attribution of Hughes's legendary eccentricities to an undiagnosed case of what we know today as obsessive-compulsive disorder. Winner of a 2005 Voice Award.

Stateside
The film follows the story of two teenagers from different worlds--Mark Deloach and Dori Lawrence--as their lives quickly spiral out of control. The rebellious but privileged Mark delves into dangerous antics resulting in a nearly fatal drunk driving accident, and Dori, a wild actress and singer, slowly loses touch with reality as she lives with schizophrenia. Winner of a 2005 Voice Award.
Monk.
Adrian Monk (Tony Shaloub, two-time Emmy winner for his role on Monk) was once a rising star with the San Francisco Police Department. But after the tragic murder of his wife, Monk developed obsessive-compulsive disorder. His psychological disorder has caused him to develop an abnormal fear of virtually everything: germs, heights, crowds... even milk. Monk's condition eventually cost him his job, and continues to pose unique challenges in his everyday life.
Winner of a 2005 Voice Award.