

College of Education

Education Studies and Human Relations

If you have career goals in education or a helping profession but do not wish to pursue classroom teaching, ESHR may be right for you! The University of Iowa’s College of Education offers an undergraduate Bachelor of Arts with a major in Education Studies and Human Relations. The following information will provide you a snapshot of the major.

**ESHR . . .**

* Is a multidisciplinary major in education.
* Furthers career goals or prepares you for future graduate study in areas of education and helping professions.
* Enhances your broad liberal arts and sciences education.
* Develops strong academic preparation including skills in critical thinking and interpersonal communication.
* Includes courses from across the four academic departments in the UI College of Education.
* Includes two subprograms along with the broader ESHR major.
* Includes multiple informal concentration areas to help you select courses.

**Nuts and Bolts . . .**

* 30 credits in major (minimum; 27 must be unique to the major)
* CLAS gen eds required
* Expand on ESHR with additional concentration areas, a minor, or a dual major.
  + Check [page 3](#DoubleMajor) for the requirements for double majors (including ESHR with TEP), transferring from the HR minor, or combining the ESHR major with the HR or EP minors.
* 120 total credits for BA
* Requires cumulative UI GPA is ≥ 2.5 and at least 12 credits earned for admission for current UI students
* To declare the major, complete the [change of college application](https://admissions.uiowa.edu/academics/changing-colleges)
* Advising assistance: Kathy Mossman ([katherine-mossman@uiowa.edu](mailto:katherine-mossman@uiowa.edu))
* Program assistance: Kathy Schuh ([kathy-schuh@uiowa.edu](mailto:kathy-schuh@uiowa.edu))

**How to choose your ESHR courses:**

1. Choose between ESHR (full curriculum), Education Studies subprogram (ES), or Human Relations subprogram (HR).

* **Education Studies subprogram** - preparation for careers in learning technologies, school district support roles, education policy, assessment and evaluation, education programming and management, organizational learning, and competitive preparation for future graduate study in educational measurement, education policy, learning sciences, educational psychology, higher education, student affairs, and related fields.
* **Human Relations subprogram** – preparation for careers in helping fields that rely on interpersonal communication and personal problem solving (e.g., addiction, case management) and competitive preparation for future graduate study in professional counseling, health-service psychology, couple and family therapy, community leadership, and related fields.

1. If you wish, select an informal concentration area within a subprogram to help you build a cohesive program of study or create a concentration area of your own by choosing courses that fit your career goals. Choose these courses in consultation with an advisor.

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| **Core Course Requirements**  Take all of these courses: | |  | **Diversity/Multicultural Requirement**  Take one of the following courses: | |  | **Internship**  (Optional) |
| PSQF:1075 | Educational Psychology and Measurement |  | EPLS:1240 | Finding Your Path in Higher Education |  | EALL:4200 ESHR Academic Internship |
| EDTL:2015 | Teaching as a Human Endeavor |  | PSQF:3104 | Multicultural Counseling and Psychology |  | (course credits from internships do not |
| EPLS:3000 | Foundations of Education |  | EPLS:4180 | Human Relations for the Classroom Teacher |  | count towards the 30 SH credits |
| CSED:4199 | Counseling for Related Professions |  | CSED:4197 | Citizenship in a Multicultural Society |  | needed for an ESHR major) |

ESHR Electives – Choose 15 s.h. including *at least two different* College of Education disciplines (first four letters of the course numbers, e.g., EDTL, EPLS, CSED, PSQF).

Most classes are 3 s.h.; consult the University Catalog for descriptions.

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|  |  | **Full ESHR** | | | **Education Studies** | | | | **Human Relations** | | |
| **Full ESHR Course Offerings** | | **KSI** | **SSI** | **SCS** | **ES** | **LD** | **LDM** | **DE** | **HR** | **CF** | **TIA** | **offered** |
| EDTL:2122 | Create, Imagine, Play, Human Dev in Arts | KSI |  |  | ES |  | LDM |  |  |  |  | F,S |
| EDTL:2630 | Introduction to the Psychology of Music |  |  |  | ES | LD |  |  |  |  |  | F |
| EDTL:3002 | Teaching and Learning Technologies |  |  |  | ES |  | LDM |  |  |  |  | F,S |
| EDTL:3187 | Early Literacy Instr for Young Children | KSI |  | SCS | ES | LD |  | DE |  |  |  | F |
| EDTL:3382 | Language and Learning |  |  |  | ES | LD |  | DE |  |  |  | F,S |
| EDTL:3393 | Reading & Teaching Adolescent Literature |  |  |  | ES | LD |  | DE |  |  |  | F,S |
| EDTL:3715 | Experiential Teaching and Learning |  | SSI |  | ES | LD | LDM |  |  |  |  | S |
| EDTL:4093 | Teaching/Learning for Global Perspectives |  |  |  | ES |  |  | DE |  |  |  | S |
| EDTL:4096 | Topics in Teaching and Learning 2 |  |  |  | ES |  |  |  | HR |  |  | F,S |
| EDTL:4355 | Approaches to Teaching Writing |  |  |  | ES | LD |  |  |  |  |  | F,S |
| EDTL:4900 | Foundations of Special Education | KSI | SSI |  | ES | LD |  |  |  |  |  | F,S,Su |
| EPLS:1240 | Finding Your Path in Higher Education |  |  | SCS1 | ES1 |  |  | DE1 |  |  |  | F,S |
| EPLS:2098 | The Student Affairs Profession |  |  | SCS | ES |  |  |  |  |  |  | F,S |
| EPLS:3240 | Undergraduate Topics in Education 2 |  |  |  | ES |  |  | DE | HR |  |  |  |
| EPLS:4180 | Human Relations for the Classroom Teachr |  |  |  | ES1 |  |  | DE1 | HR1 |  |  | F,S,Su |
| EPLS:4200 | Diversity and Inclusion in Athletics |  | SSI | SCS | ES |  |  | DE |  |  |  | F |
| EPLS:4250 | Education in Black America |  |  |  | ES |  |  | DE |  |  |  | S |
| PSQF:2115 | Introduction to Counseling Psychology |  |  |  |  |  |  |  | HR |  | TIA | F,S |
| PSQF:2116 | Applied Child and Adolescent Psychology | KSI |  |  |  |  |  |  | HR | CF | TIA | S |
| PSQF:3104 | Multicultural Counseling and Psychology | KSI1 |  | SCS1 | ES1 |  |  | DE1 | HR1 |  |  | S |
| PSQF:3333 | Special Topics in Psych & Quant Foundations (depending on topic) 2 | KSI3 |  |  | ES |  | LDM |  | HR |  |  |  |
| PSQF:3700 | Intro to Trauma and Resilience | KSI |  |  | ES |  |  | DE | HR |  | TIA | F,S |
| PSQF:4106 | Child Development | KSI | SSI |  | ES | LD |  | DE | HR |  |  | S |
| PSQF:4133 | The Adolescent and Young Adult | KSI | SSI |  | ES | LD |  | DE | HR |  |  | F |
| PSQF:4134 | Parent-Teacher Communication | KSI |  |  |  |  |  |  | HR |  |  | F,S |
| PSQF:4136 | Home/School/Community Partnerships | KSI | SSI |  |  |  |  |  | HR |  |  | S |
| PSQF:4143 | Introduction to Statistical Methods |  |  |  | ES |  |  |  | HR |  |  | F,S |
| PSQF:4145 | Marriage and Family Interaction |  |  |  |  |  |  |  | HR | CF |  | S |
|  |  | **Full ESHR** | | | **Education Studies** | | | | **Human Relations** | | |
| **Full ESHR Course Offerings** | | **KSI** | **SSI** | **SCS** | **ES** | **LD** | **LDM** | **DE** | **HR** | **CF** | **TIA** | **offered** |
| PSQF:4162 | Introduction to Couple & Family Therapy | KSI |  |  |  |  |  |  | HR | CF |  | F,S |
| PSQF:4281 | Cognitive Principles: How People Learn |  |  |  | ES | LD | LDM |  |  |  |  | F |
| PSQF:4760 | Participatory Learning and Media |  |  |  | ES |  | LDM |  |  |  |  | S |
| PSQF:4910 | Theories of Family Development | KSI |  |  |  |  |  |  | HR | CF | TIA |  |
| CSED:2081 | Making a Vocational-Educational Choice |  |  | SCS |  |  |  |  | HR |  |  | F,S,Su |
| CSED:4110 | Psychology of Food and Mood |  | SSI |  |  |  |  |  | HR |  |  | F,S,Su |
| CSED:4130 | Human Sexuality |  |  |  |  |  |  |  | HR | CF |  | F,S |
| CSED:4131 | Loss, Death, and Bereavement | KSI |  |  |  |  |  |  | HR |  | TIA | F,S |
| CSED:4141 | Helping Skills for Community Settings | KSI |  | SCS |  |  |  |  | HR | CF | TIA | Su |
| CSED:4173 | Trauma Across the Lifespan | KSI |  |  |  |  |  |  | HR | CF | TIA | F,S |
| CSED:4176 | Child Abuse: Assessent Intervntn Advocy | KSI |  |  |  |  |  |  | HR |  | TIA | F,S,Su |
| CSED:4180 | Topical Seminar for Helping Professionals (depending on topic) 2 |  |  |  |  |  |  |  | HR |  |  |  |
| CSED:4195 | Ethics in Human Relations & Counseling |  | SSI | SCS |  |  |  |  | HR | CF |  | F,S,Su |
| CSED:4197 | Citizenship in a Multicultural Society | KSI1 | SSI1 |  | ES1 |  |  | DE1 | HR\* |  |  | F,S,Su |

1If not used to meet the Diversity/Multicultural Requirement

2Emphasis area depends on topic. Approved for EPLS:3240 Belize; Approved for PSQF:3333 Cognitive Principles for How People Learn.

3Cognitive Principles for How People Learn

**KSI** K-12 Student Interventions**; SCS** Supporting College Students; **SSI** Sports, Society, and Inclusion; **ES** Education Studies; **LD** Learning and Development; **LDM** Learning, Design & Media; **DE** Diversity Education; **HR** Human Relations; **CF** Couples and Family; **TIA** Trauma Informed Advocacy

***Making ESHR work with another major or minor***

ESHR requires only 30 credits in the major, so it’s easily paired with one of the minors offered through the College of Education (Educational Psychology or Human Relations) or a major or minor from the College of Liberal Arts and Sciences. Through this process, you can build on ESHR to meet your academic and career goals. Just remember,

* *At most*, three credits may be counted towards both majors, or the major and minor unless otherwise specified (i.e., see ESHR and TEP).
* The ESHR major must include *at least 27 unique course credits* not counted elsewhere unless otherwise specified (i.e., see ESHR and TEP).
* *No*general education credits can be double counted in the ESHR major. Here are the gen ed requirements: <http://catalog.registrar.uiowa.edu/liberal-arts-sciences/general-education-program/>

*ESHR major* ***with*** *Educational Psychology (EP)* ***or*** *Human Relations (HR) minor*

* The EP minor and the HR minor each include 15 s.h. of course work (check the University Catalog for specifics and requirements).
* One course from the major and the minor may be double counted.
* That means, a minor must include *at least 12 credits* that are not also counted towards the major.
* Doing the math – if you want the ESHR major *plus* an HR or EP minor, you will complete 42 unique credits (30 for ESHR, 15 for the minor, less 3 credits allowed to be double counted).

*ESHR* ***and*** *Teacher Education Program Double Major*

* You may double count the following courses if pursing a double major with ESHR and TEP: PSQF:1075, EPLS:3000, and EPLS:4180.
* You *may not* double count any other courses that overlap between the two majors, thus allowing you to add competencies to your skill set.

*Transferring from the Human Relations (or the Educational Psychology minor) to the ESHR Major*

* While the HR minor is a great addition to any major, a double major may better position you for graduate school, in particular, if you are interested in a helping profession. The ESHR major is designed to make that transition from the HR minor to the ESHR major straightforward.
* Any courses that you have taken towards the HR minor will be used to meet ESHR required or elective course requirements. These courses *cannot be used to replace* ***required*** *courses with different course numbers*.
* Your advisor will have to place these accepted classes into your program of student on an individual basis.
* The HR minor will be removed from your program of study when you enroll in the ESHR major.
* If you want to have an ESHR major *plus* an HR (or EP minor), you will complete 42 unique credits (see above).

***Enrolling in ESHR by changing colleges***

If you are a current UI student and would like to change your major to ESHR complete the following steps

* Make sure that your cumulative UI GPA is at least a 2.5 and you have completed at least 12 semester hours of graded undergraduate course work. If your GPA falls short, see the admission appeal process.
* Access the [Change of College Application](https://admissions.uiowa.edu/academics/changing-colleges).
* Select College of Education / Education Studies and Human Relations from the drop-down menu.
* Select the session you would like the change to become effective.
* Provide answers to the supplemental questions for the selected program.
* Submit the application.
* Once you’re notified that you have been accepted into the major, please contact your advisor (University Academic Advising Center if you have less than 30 s.h. or [Kathy Mossman](mailto:katherine-mossman@uiowa.edu?subject=ESHR%20enrollment), ESHR advisor, if you have completed more than 30 than s.h.).

***Admission appeal process***

If you are interested in declaring ESHR as your major, but your UI cumulative GPA is less than 2.5, you may appeal to be admitted. Be aware that all appeals are not granted – the goal in the appeal process is to provide students who may have had extenuating circumstances that contributed to their lower GPA the opportunity to share that information and have it be part of the admissions decision process. Our goal in the College of Education is to admit students who we believe will be successful- meaning they will make good progress towards graduation, will graduate, and will do so without being placed on academic probation. If you would like to have your admissions into the ESHR major considered while you have a lower GPA, complete the following steps.

* Send a letter to [Kathy Schuh](mailto:kathy-schuh@uiowa.edu?subject=ESHR%20appeal), Director of ESHR. This can be a formal letter attached to an email or a formal email.
* In the letter say you would like to petition to be admitted to ESHR with a cumulative UI GPA of [include your GPA].
* Give a little explanation of why you’d like to be admitted to ESHR. Why do you feel that it is a good major for you?
* Share any information that you’d like about circumstances or situations that have come into play in your college career at the University of Iowa that may have made it a challenge for you to get a higher GPA. Realize that we are not looking for an excuse but trying to figure out if there is something that might have made it difficult for you to work to your full potential.
* Indicate how you will push ahead so that your GPA will improve during the next semester. In other words, explain why the GPA will not be an issue for your continued success. For this you should be specific – what types of things will you do differently so you can have a different academic outcome?
* You may be invited to an interview (in person or via zoom) with either the ESHR director, ESHR advisor, or both.
* You will be notified via email regarding the appeal decision.

Updated 2/2024