

## Education Studies: Sports, Society, and Inclusion Informal Concentration Area (ICA)

People engage in sports and recreational activities for enjoyment, community, and health reasons. Supporting these active individuals as they strive for their goals requires knowledge about learning, development, instruction, and motivation as well as strong communication and interpersonal skills. The cluster of courses in the *Sports, Society, and Inclusion ICA* will help to prepare students for careers in the broad fields and industries surrounding sports, which include administration, coaching, consulting, and advocacy. They will also train students to understand the social and political elements that shape participation in sport and exclusion from it. In doing so, they will help train students to become advocates for equity and inclusion in sport and the vocation connected to it.

The *Sports, Society, and Inclusion ICA* is a nice academic partner for students majoring in Sport Studies, Sport and Recreation Management, Therapeutic Recreation, Sport Psychology, and Health and Human Physiology. The *Sports, Society, & Inclusion ICA* is also well-paired with other ESHR ICAs such as the *Learning and Development ICA* and *Diversity Education, ICA*.

Career opportunities for students with an ESHR focus in understanding and supporting people who engage in sports may include life, academic, and athletic coaching, non-profits, and consulting.

Students with this focus in ESHR may be well-positioned for graduate work in higher education, counseling, and law school.

### *Course suggestions*

#### **CSED:4110 Psychology of Food and Mood**

Neurobehavioral and psychological determinants of food preference, behavior, and mood management; cultural meanings of food in North America, obesity, dieting, disordered eating; how we use food as a means of managing or damaging our food and health.

#### **CSED:4195 Ethics in Human Relations & Counseling**

Morality and ethics; ethical issues; models and techniques for effective ethical decision making in personal and professional interactions.

#### **CSED:4197 Citizenship in a Multicultural Society (if not used to meet the ESHR diversity/multicultural requirement)**

Human relationships in the context of societal oppressions such as racism, sexism, able-bodyism, and heterosexism.

#### **EDTL:3715 Experiential Teaching and Learning**

Introduction to practice of experiential learning and teaching; students create and lead experiential activities in formal and informal learning environments; exploration of factors that impact the value of an experience and assess impact; integration of multiple disciplines and perspectives in a collaborative manner; skills for processing and guiding reflection to determine outcomes of experiences; work collaboratively to design, plan, execute, and determine outcomes of an experience for a target population.

#### **EDTL:4900 Foundations of Special Education**

Students with disabilities, gifted and talented; strategies for effective treatment, collaboration between regular and special education teachers; remediation of academic, behavioral, social problems.

#### **EPLS:4200 Diversity and Inclusion in Athletics**

Diversity and inclusion as major issues for coaches, sports managers, physical activity professionals, and athletic administration staff in their workplaces; define, discuss, and analyze effects of diversity and inclusion in the athletic

organizational environment; experience of underrepresented groups in sport settings, covering differences of religion, race, ethnic origins, gender, sex, ability, appearance, and age; understanding power differences, based on diversity within an organizational environment, that help future leaders implement successful practices inclusive of all persons. Requirements: undergraduate standing and enrollment in interscholastic athletics/activities director certificate program.

**PSQF:4106 Child Development**

Theories and research findings about typical course of child development, differences in development. Requirements: junior standing.

**PSQF:4133 The Adolescent and Young Adult**

Psychological and social aspects of adolescence and young adulthood; emphasis on theory, research, and practical applications.

**PSQF:4136 Home/School/Community Partnership**

Issues related to collaboration among families, educators, community members in implementing school programs.